



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INSPIRING CHANGE IN COMMUNITIES

Over the past 10 years, 247 communities have received funding from the Centers for Disease Control and Prevention, Robert Wood Johnson Foundation, and Sam's Club® to collaborate with community leaders on efforts to ensure that healthy living is within reach of the people who live in those communities. In a recent sample of 193 of the 247 Y sites, local leaders influenced **39,035** changes to support healthy living within their communities, impacting up to 73 million lives. Below you will find a snapshot of those changes.



1,820 changes improving **access to healthier foods** in the community



1,196 changes in the built environment that **support physical activity**

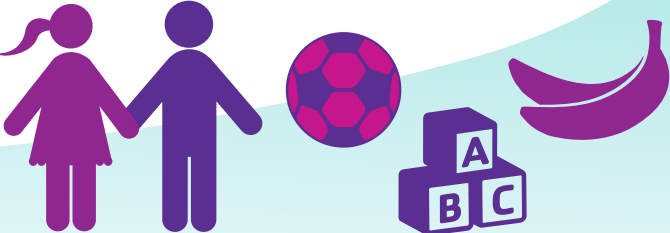


764 changes that increase **access to chronic disease prevention programs**

6,224 changes increasing **healthy food and beverage options in schools**



15,698 changes in **early childhood and afterschool programs** that improve **healthy food and beverage and physical activity options**



3,374 changes increasing **physical activity in schools**